



CARING FOR CARERS OF PEOPLE WITH DEMENTIA

A NEW WAY TO SUPPORT ISOLATED CARERS

Are you the main carer for someone with dementia?
Is it hard to attend things because of your caring duties?
Does isolation or distance make it difficult to meet people?
Would you like to join a free program, from home,
and meet others in a similar circumstance?

Carers are invited to join a chat-based six-week group program

- » To connect with other carers in a similar situation
- » To chat from home in a relaxed, informal atmosphere
- » To learn and share information and experiences with others who understand

FIND OUT MORE

Contact the Project Team to find out more or register your interest.

Atosha Clancy

carers@cqu.edu.au
Tel: 0437 579 695

Annie Banbury

a.banbury@cqu.edu.au
Tel: 0438 168 121



DESIGNED FOR ISOLATED CARERS, YOU CAN JOIN THE WEEKLY GROUP VIA VIDEOCONFERENCING FROM HOME

The learning and chat meetings are led by a program facilitator and run for six weeks.

Carers can join the program from home. You will be able to use your own computer or tablet and will need to be connected to the internet. The program is free, apart from charges from your internet service provider for data usage in the videoconference sessions. We can loan you a tablet if needed.

Carers do not need to stop any other carer programs or services that they are involved in.

The program is community based and available to ~~carers in regional Queensland.~~



Carers ~~who participate in the program~~ will go in the draw to win one of five devices (tablets).



The program will be offered many times throughout 2018 and in early 2019. Contact the Project Manager ~~for dates and times.~~



PROJECT RESEARCH LEAD

Professor Lynne Parkinson,
Central Queensland University.
l.parkinson@cqu.edu.au.

This project has received approval from CQUniversity's Human Research Ethics Committee (0000020926)
ethics@cqu.edu.au
Telephone 07 4923 2603



CONSENT FOR CONTACT

I give consent for my name and contact details (below) to be forwarded to the CQU 'Caring for Carers of People with Dementia' Project Manager, Atosha Clancy, and I consent to a member of the project team telephoning me.

CARER'S NAME:

TELEPHONE NUMBER(S):

EMAIL:

POSTCODE:

DATE:

SIGNATURE:

The carer's contact details are being provided by:

AGENCY:

STAFF MEMBER:

TELEPHONE NUMBER(S):

EMAIL:

POSTCODE:

DATE:

SIGNATURE:

Please tear off this consent form, but leave the program flyer with the carer, scan and email this completed consent form to the Caring for Carers of People with Dementia project manager, Atosha Clancy, carers@cqu.edu.au.

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Would you like to join a free program, from home, and meet others in a similar circumstance?

This program is FREE for participants. It is funded by the Australian Government Department of Health Dementia and Aged Care Services Fund.

FIND OUT MORE

To find out more, or register your interest, please contact:

Project Manager, Atosha Clancy

carers@cqu.edu.au

Tel: 0437579695



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UNIVERSITY
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