



# Care & Connect Evenings

**COME & HAVE A CUPPA AND A CHAT**

## **Seeking Expressions of Interest**

Carers NT would like to  
support Carers who work

Does this sound like something you are  
interested in?

Let us know:

What weekday is best for you?

What time is best for you?

Contact Carers NT – 1800242 636 / 89444 888

Email: [mentalhealth@carersnt.asn.au](mailto:mentalhealth@carersnt.asn.au)